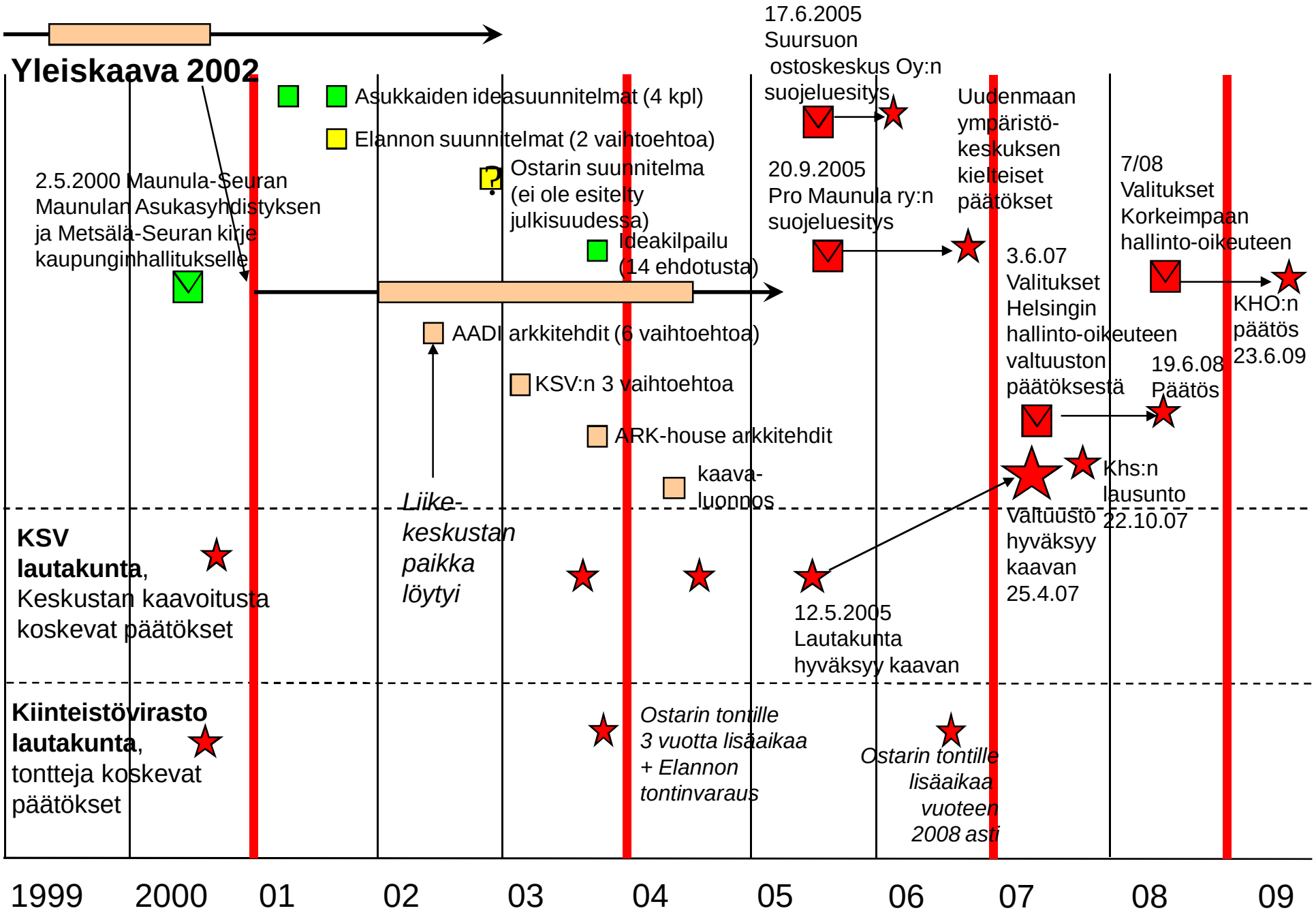Maunulan keskustan suunnittelun vaiheet